# **Pinecrest Village News**

The next Pinecrest Village HOA meeting will be on Tuesday, March 5 at 6:30 PM at Sabin Elementary School. All Pinecrest Village homeowners are welcome.



Join us in the park on Saturday, March 30 at 11:00 AM for our annual Spring Celebration. Easter Egg Hunt will start at 11:00, followed by lunch, activities, and a special visit from the Easter bunny himself! All are welcome to come enjoy our wonderful community.

To RSVP: Use your phone camera to scan the QR code below, or email <u>hhenley987@yahoo.com</u>



If you can't RSVP, come anyway!

In case of inclement weather, April 6 at the same time will be the back-up date. Any updates will be on the Facebook page.



**Block Representatives** 

So. Ames Mike & Eileen Hachey Katy Mindenhall 303-941-0371 So. Benton Way Laura Conway 303-523-8009 So. Chase **Greg Hastings** 303-985-8439 **Marleen Collins** So. Depew Miranda Mason 303-638-1025 So Eaton St. Miranda Mason 303-638-1025 Lisa & Tim Custy 303-345-5643 So. Fenton **Bill & Lori Robirds** NL **Clorie Lovato** 303-989-5121 So. Golden Ct Linda Kowal 303-921-5422 Mike Barela 303-934-2520 So. Gray St. Gil & M. Davies 303-988-2859 So. Harlan St. **Doris Frick** 303-986-6965 Mike Barela 303-934-2520 W. Kent Pl Iva Conner 720-209-6140 W. Lehigh Mike Barela 303-934-2520 Marlene Collins 303-935-8508 W. Milan Pl **Courtney Mann** Gil & M. Davies 303-988-2859

District 2 720-337-2222 Councilman Kevin Flynn Council Aide Dana Montaño Council Aide Stacy Simonet

Non-Emergency 720-913-2000

Trash Updates

Extra Trash Day: 3/6

Trash Delayed Due to Holiday: From Weds 3/27 to Thurs 3/28



### Daylight Sleep Debt Time

March is often the month when you start incurring sleep debt—if you need 8 hours of sleep per night but you only get 5, you have 3 hours of sleep debt—due to losing an hour to daylight saving time. The National Sleep Foundation (NSF) recognizes Sleep Awareness Week beginning at the start of daylight saving time each year.

"Sleep Awareness Week is a time of year when everyone is reminded about the importance of our sleep and how it affects the way we feel and perform each day," said Temitayo Oyegbile-Chidi, MD, PhD, Chair of the NSF Board of Directors.

Being tired might not seem like a big deal to most but fatigue has been proven to decrease concentration, motivation, reaction times, accuracy, and attention and increase errors, serious incidents, expenses, stress, and distraction, ultimately impacting normal daily functions in a negative way.

# From Councilman Kevin Flynn

It's cold outside! Despite their fur coats, dogs and cats need protection from frigid temperatures. The safest place for your pets is indoors. If your pet must be outside for a longer duration, Denver requires they have adequate outdoor shelter, like a doghouse, that allows the animal to escape the elements. Learn more https://loom.ly/zZCgGTM

I have been a part of a stakeholder committee that has worked to try and make the voter-approved sidewalk fee more equitable while still achieving the muchneeded goal of building sidewalks where there aren't any and repairing sidewalks where needed. After a lot of hard work, the committee has three recommendations for consideration. More information to come.



## **Friendly Neighborhood Reminders**

PS: Please keep on picking up after your pets using the bags provided at the park, and shoveling your walks after snows! Thank you!

#### PVIA Meetings: Regular Monthly Meetings

First Tues. of the month at 6:30 pm (unless otherwise noted)

#### 2024 PVIA Board

President Jitendra Yadav 720-707-9577

Vice President/ Safety

Roger Feldkamp 303-359-8647

<u>Treasurer</u> Nancy Polak 303-986-9334

Secretary Gwen Fuchs 720-381-9624

Park Christie Rewey 303-359-8647

Social Heather Henley 920-517-1399

Membership John Polak

303-986-9334 Architectural

Control

Iva Conner 720-209-6140 Miranda Mason 303-638-1025 Dave Newman 303-595-0505

pinecrestvillage.org

Join our Facebook Group for Updates and Activities: "Pinecrest Village Homeowners, Denver, CO"

